

Swimming Pool Timetable 9th January to 9th March 2019

*Please also see 'Additional Closures'

		7.00	8.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00
		7.30	8.30	9.30	10.30	11.30	12.30	13.30	14.30	15.30	16.30	17.30	18.30	19.30	20.30	21.30
Mon	Adult Lanes	Adult Lane Swim until 09:00		*	Schools 09:45-11:00	Open 11:15-20:00									AU Swim Club	AU Canoe Club
	General			*		School 11:00-12:15	Open 12:15-13:15	School 13:15-14:30	Open 14:30-16:00	JSA Child Lessons	Open 17:00-18:30	Aqua Zumba 18:30-19:15				
Tues	Adult Lanes	Adult Lane Swim until 08:30 (AU lane 07:00-08:30)	Schools 08:45-11:30			Open 11:45- 15:45				JSA Children's Lessons	Open 17:30-20:00			AU Tri / Lifesaving Club	Swim Club/Lifesaving Club	
	General					Open 11:45-15:45					City of Southampton Swim					
Wed	Adult Lanes	Adult Lane Swim until 09:00 (AU Lane 07:15-08:45)	*	School 09:45-11:00	Open 11:15-20:00 (2 lanes only 16.00-18:00)									AU Water Polo		
	General		*		Staff Training 11.45-12.45	AU Swim Club	Open 15:00-16:00	JSA Children's Lessons	Open 18:00-19:00	Swimfit 19:00-20:00						
Thurs	Adult Lanes	Adult Lane Swim until 08:30	Schools 08:45-10:30			Open 10:45-21:00 (2 lanes only 16.00-17.30)									AU Lifesaving	
	General					Open 10:45 - 16:00				JSA Children's Lessons	AquaFit 18:15-19:00	Open 19:00-21:00				
Fri	Adult Lanes	Adult Lane Swim until 09:00(AU lane 07:00-08:30)	*	Schools 10:00-11:00	Open 11:15-20:00									AU Tri Club	AU Canoe Polo	
	General		*		Open 11:15-18:30						Swimfit 18:30-19:30	AU Swim club				
Sat	Adult Lanes	Open until 09:15	JSA Children's Lessons			AU Canoe Club	Open 14:00-20:00						AU Canoe Polo			
	General	Open Until 09:00					Open 14:00-20:00									
Sun	Adult Lanes	Open until 17:00										JSA Adult Swimming Lessons 17:00-19:00	AU Swim Team	AU Waterpolo		
	General	Open until 17:00														

Key: Open to All Bookable Open Public Classes Bookable Swimming Lessons Closed Private Bookings

Open

3 adult lanes open unless otherwise stated

Please note : During general swimming sessions there may be occasions when a lane will be required for private swimming lessons.

POOL CLOSED

Sat 23rd Feb 11:30-18:10 Competition
Sat 2nd Mar 18:00- 22:00 Swimming Gala

ADDITIONAL OPENING

Sat 12th Jan 12:30-14:00 No AU Club
Sun 13th Jan 17:00-19:00 No Lessons
Sun 20th Jan 17:00-19:00 No Lessons
Sat 26th Jan 12:30-14:00 No AU Club
Sun 27th Jan 17:00-19:00 No Lessons
Sun 3rd Feb 17:00-19:00 No Lessons
Sat 9th Feb 12:30-14:30 No AU Club
Thurs 14th Feb 08:45-09:30 No Schools
Mon 18th Feb 10:00-11:00 No Schools
Tues 19th Feb 09:45-11:30 No Schools
Tues 19th -Fri 22nd Feb 16:00-18:00 No Lessons
Fri 22th Feb 09:45-11:15 No Schools
Sat 23th Feb 09:15-11:30 No Lessons
Tues 5th Mar 09:45-10:45 No Schools
Sat 9th Mar 12:30-14:00 No AU Club

GENERAL SWIM CLOSED

Weds 9th Jan 11:45-12:45 Staff Training
Tues 16th Jan 11:45-12:45 Staff Training
Weds 30th Jan 11:45-12:45 Staff Training

Weds 6th Feb 11:45-12:45 Staff Training
Mon 18th - Fri 21st Feb 10:00-12:00 NPLQ
Mon 18th - Thurs 22nd Feb 15:00-16:00 NPLQ
Fri 22nd Feb 14:00-16:00 NPLQ
Weds 27th Feb 11:45-12:45 Staff Training
Weds 6th Mar 11:45-12:45 Staff Training

* = Adult lanes and General swim open

This timetable is subject to change. Please see our website www.southampton.ac.uk/sportandwellbeing, phone us on 023 8059 2119 or see notices and plasma screens in the Jubilee Sports Centre